



FALL 2020 TRAINING SERIES

UNDERSTANDING AND RESPONDING TO VICTIMS OF COMMERCIAL SEXUAL EXPLOITATION

Every day, young people are deceived, manipulated, coerced, and forced into the commercial sex industry. This multibillion-dollar industry targets the most vulnerable individuals in our communities. Our Understanding and Responding to Victims Training gives service providers, law enforcement, and community members the tools needed to better serve this marginalized population.

Participants will have the opportunity to:

- Understand the local and national picture of commercial sexual exploitation of children (CSEC)
- Gain knowledge on how to recognize an exploiter and common recruitment tactics used to groom our youth
- Understand the impact of commercial sexual exploitation on the mind, body and soul
- Utilize the Stages of Change Model in working with commercially sexually exploited youth
- Understand your role in identifying victims and responding to disclosures

September 29th, 2020 | 9:30am-4:00pm | Justice Resource Institute, Needham, MA \$150 per person

THE ADVANCED RESIDENTIAL INSTITUTE ON SERVING TRAFFICKED AND HIGH-RISK ADOLESCENT GIRLS

This online training is for congregate care and residential program leadership staff (Program Managers/Directors, Residential Directors and Clinical Directors) and homes in on organizations' CSEC policy, staff training, and practices around serving commercially sexually exploited youth. To ensure the integrity of the My Life My Choice Prevention Curriculum and create an environment that fosters best long-term outcomes, we strongly recommend all programs running My Life My Choice Prevention Groups provide this advanced training for leadership staff.

Participants will have the opportunity to:

- Develop a CSEC policy that can be seamlessly integrated with current program standards
- Learn how to create a diverse, non-judgmental staff team that is prepared to incorporate key concepts into their work with girls who have experienced CSEC
- Develop trauma informed programming specific to sexually exploited girls
- Advance skills and expertise around the trajectory of recovery

*Oct 29th – Nov 23rd, 2020 | 75 minutes, each Monday throughout the 6 weeks of the course
Online sessions via Zoom | Please contact Director of Training, Nikki Valila (nvalila@jri.org) to apply!*

PREVENTING THE COMMERCIAL SEXUAL EXPLOITATION OF ADOLESCENT GIRLS: A TRAINING FOR FACILITATORS ON USING THE MY LIFE MY CHOICE CURRICULUM

The My Life My Choice Exploitation Prevention Curriculum is a survivor-led, evidence informed, ten-session girl-centered program created to develop and strengthen your efforts to halt the disturbing wave of commercial sexual exploitation and trafficking in the United States. The Curriculum is effective in reducing the risk of commercial sexual exploitation and improving other adverse conditions for youth who are at disproportionate risk of exploitation. Created in 2002, the My Life My Choice Curriculum is used in schools, group homes, juvenile justice facilities, and community-based agencies. We have trained facilitators in more than 30 states and Canada.

In this two-day training, participants will have the opportunity to:

- Understand the research base behind The My Life My Choice Curriculum
- Learn how to use the Curriculum to run psycho-educational groups with vulnerable girls in a variety of settings
- Explore potential challenges that may arise during the group
- Receive a copy of the My Life My Choice Curriculum and membership in the My Life My Choice Online Community, a forum to provide resources and support to prevention group facilitators

October 26-27th, 2020 | 10:00am-4:00pm | Justice Resource Institute, Needham, MA \$650-700 per person

ADVANCED CLINICAL TRAINING: DEVELOPING SKILLS AND STRATEGIES TO PROVIDE EFFECTIVE CLINICAL SERVICES TO COMMERCIALY SEXUALLY EXPLOITED YOUTH

Our Advanced Clinical Training is designed for mental health professionals, program based clinicians, child welfare workers, community-based therapists, in home therapy teams and private practice clinicians that are serving youth who have been commercially sexually exploited. Participants will learn how to develop trauma-informed clinical programming for exploited youth, learn strategies to having conversations with CSEC youth, and practice-utilizing skills learned through role-play, group discussion and small group work.

Participants will have the opportunity to:

- Learn how to develop trauma informed clinical programming for exploited youth
- Practical application of knowledge gained through prior attendance at Understanding and Responding to Victims of CSEC training
- Learn strategies to having conversations with CSEC youth
- Practice utilizing skills learned through role play, group discussion and small group work

October 27th, 2020 | 9:30am-4:00pm | Justice Resource Institute, Needham, MA \$150 per person

FOR ANY TRAINING-RELATED QUESTIONS, PLEASE CONTACT:

Nikki Valila

Director of Training

nvalila@jri.org | (617) 483-0568

<https://www.mylifemychoice.org/training-advocacy>