



**YOUTH
OPPORTUNITY
CENTER**
INCORPORATED
Muncie, Indiana



TRU HARBOR

Residential Treatment for Survivors of Human Trafficking and Commercial Exploitation

Moderate - Severe Risk; Private Secure Unit; Female Only

TARGET POPULATION: AGES 11-18

[STAFF RATIO 1:4]

Since the early 1990s the Youth Opportunity Center has provided a safe place for thousands of youth and families across Indiana. The YOC is a premier outpatient and residential treatment facility located in Muncie, Indiana. Our multi-discipline team approach - with the client and family at the center- involves clinical, behavioral, medical and academic strategies to help equip the entire family with the tools necessary to be successful. In addition to the many programs offered at the YOC, the TRU Harbor program was opened in 2018.



**TRU
HARBOR**
a program of the
YOUTH OPPORTUNITY CENTER

TRU Harbor is a private secure residential treatment program devoted to providing comprehensive treatment and services to commercially sexually exploited children (CSEC) and sex trafficking survivors. Commercial sexual exploitation (CSE) is defined as the exchange of sex or sexually explicit acts for anything of value (i.e. food, shelter, clothes, etc.). Youth who have experienced CSE may have been exploited by pimps, gangs, family members, or older peers. These youth have specific and unique treatment and safety needs due to the complexity of their trauma.

TRU Harbor offers a safe environment with individualized treatment planning services (including individual, family, and group therapy) that are evidenced-based and culturally appropriate. In general, staff are trained in trauma-informed practices to help manage mental health symptoms, establish healthy relationships and boundaries, improve self-esteem, create goals for the future, and prevent further exploitation. Additional services include survivor mentoring, wellness activities, independent living services, ongoing medical and psychiatric care, and vocational skills training. Educational services are provided onsite.

Referrals to TRU Harbor must be CONFIRMED victims of human trafficking or commercial exploitation through a forensic interview.

Admissions and referrals, contact: Katrina Mallory Psy.D., HSPP, Program Director, TRUHarborAdmissions@yocinc.org, 765-388-2060.