



Nurturing growth in
everyday moments

Through our presence in the daily life of another person we are ideally situated to be among the most influential of healers and helpers...

...assisting the other to learn, experience, and practice different thoughts, feelings, and actions in the most important area of their lives – daily life as they are living it.



Garfat, T., Freeman, J., Gharabaghi, K. & Fulcher, L. (2018). Characteristics of a relational child and youth care approach revisited. *CYC-Online*, 236, 7-45.

Working in the present Counseling on the go

"...immersed in the continuous flow of happenings without control over their timing or sequence...[we experience] a situation, becoming aware of its effect on oneself, and acting while it is occurring, as part of the flow of events."

- Edna Guttman



Guttman, E. (1991). Immediacy in child and youth care: the fusion of experience, self-consciousness and action. In Beker, J. & Eisikovits, Z. (Eds.) *Knowledge utilization in residential child and youth care practice*. Child Welfare League of America. p. 65-82

Participating & Doing with

"... every moment is highly significant and has the potential to cumulatively contribute to the growth of [a child and] it is the micro-interactions between child and caregiver...that set the tone for the quality, and hence the impact of the interaction."

- Karen Vandervan



Vandervan, K. (1991). How is child and youth care work unique – and different – from other fields? *Journal of Child and Youth Care*, 5(1), 15-19.

Rhythm & Rituals of encounter

"A way of being...in the moment with each other experiencing life, learning, and growing together, each one getting something from the journey...as they interact..."

- Mark Krueger



Krueger, M. (2007). *Sketching youth, self, and youth work*. Sense Publishers. p. 46

Moments That Change Stories & Fuel Development



Connection

experiencing a shared moment of activity together



Discovery

gaining an insight, solving a problem, or figuring something out



Empowerment

feeling supported to do or try something new or difficult

Krueger, M. (2007). *Sketching youth, self, and youth work*. Sense Publishers. p. 46

Seeing & Shaping Opportunities



Garfat, T. (2003). Four parts magic: The anatomy of a child and youth care intervention. *CYC-Online*, 50.



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