



## FALL 2020 TRAINING SERIES

### FOUNDATIONAL TRAININGS:

#### ***UNDERSTANDING AND RESPONDING TO VICTIMS OF COMMERCIAL SEXUAL EXPLOITATION***

Every day, young people are deceived, manipulated, coerced, and forced into the commercial sex industry. This multibillion-dollar industry targets the most vulnerable individuals in our communities. Our Understanding and Responding to Victims Training gives service providers, law enforcement, and community members the tools needed to better serve this marginalized population.

#### **Participants will have the opportunity to:**

- Understand the local and national picture of commercial sexual exploitation of children (CSEC)
- Gain knowledge on how to recognize an exploiter and common recruitment tactics used to groom our youth
- Understand the impact of commercial sexual exploitation on the mind, body and soul
- Utilize the Stages of Change Model in working with commercially sexually exploited youth
- Understand your role in identifying victims and responding to disclosures

September 14<sup>th</sup>, 2021 | 9:30am-4pm EST | [Tickets](#)

October 14<sup>th</sup>, 2021 | 9:30am-4pm EST | [Tickets](#)

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#### ***PREVENTING THE COMMERCIAL SEXUAL EXPLOITATION OF ADOLESCENT GIRLS: A TRAINING FOR FACILITATORS ON USING THE MY LIFE MY CHOICE CURRICULUM***

The My Life My Choice Curriculum is a survivor-led, evidence informed, ten-session girl-centered program created to develop and strengthen your efforts to halt the disturbing wave of commercial sexual exploitation and trafficking in the United States. The Curriculum is effective in reducing the risk of commercial sexual exploitation and improving other adverse conditions for youth who are at disproportionate risk of exploitation. Created in 2002, the My Life My Choice Curriculum is used in schools, group homes, juvenile justice facilities, and community-based agencies. We have trained facilitators in more than 30 states and Canada.

#### **In this two-day training, participants will have the opportunity to:**

- Understand the research base behind The My Life My Choice Curriculum
- Learn how to use the Curriculum to run psycho-educational groups with vulnerable girls in a variety of settings
- Explore potential challenges that may arise during the group
- Receive a copy of the My Life My Choice Curriculum

October 18<sup>th</sup> & 19<sup>th</sup>, 2021 | 10am-4pm EST | [Application](#)

November 30<sup>th</sup> & December 1<sup>st</sup>, 2021 | 10am-4pm EST | [Application](#)

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## **COLLABORATIVE TRAININGS:**

### ***ENGAGING COMMERCIALLY SEXUALLY EXPLOITED YOUTH IN CONVERSATIONS ABOUT SEXUAL HEALTH: COLLABORATIVE TRAINING WITH PLANNED PARENTHOOD LEAGUE OF MASSACHUSETTS AND MY LIFE MY CHOICE***

My Life My Choice (MLMC) and Planned Parenthood League of Massachusetts (PPLM) have merged their respective expertise in commercial sexual exploitation of children (CSEC) and sexuality education to create an evidence, trauma, and survivor-informed training designed to help a wide range of youth service providers use intentional and inclusive language to begin conversations with young people about sex and sexuality that reflects the realities of their lives.

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*October 21<sup>st</sup>, 2021 | 11am-5:30pm EST | [Application](#)*

### ***FROM APP TO EXPLOITATION: COMMERCIAL SEXUAL EXPLOITATION IN THE DIGITAL SPACE COLLABORATIVE TRAINING WITH BRISTOL COUNTY CAC AND MY LIFE MY CHOICE***

This brand new one-day training takes a deep dive into the intersection of technology and exploitation. Designed for youth-serving professionals, this training will provide tools to familiarize oneself with the technology youth use daily and will help participants better understand, identify, respond to, and ultimately, better serve those at greatest risk of commercial sexual exploitation.

#### **Participants will have the opportunity to:**

- Discuss ways in which exploiters use social media and other digital platforms to perpetuate the Commercial Sexual Exploitation of Children (CSEC) online.
- Recognize who is at greatest risk for commercial sexual exploitation & identify indicators that a child is being trafficked in a digital space.
- Describe relevant research and trends in online exploitation and technology use among youth today.
- Recognize recruitment tactics, grooming behaviors, and other warning signs to minimize the risk of online exploitation.
- Understand the social and legal consequences of sexting and disseminating child sexual abuse material (also called "child pornography").
- Integrate appropriate skills and tactics to engage youth in conversations about CSEC in the Digital Space and their behavior online into their work as youth-serving professionals.

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*December 2<sup>nd</sup>, 2021 | 11am-5:30pm EST | [Application](#)*

## **ADVANCED TRAININGS:**

### ***ADVANCED CLINICAL TRAINING: DEVELOPING SKILLS AND STRATEGIES TO PROVIDE EFFECTIVE CLINICAL SERVICES TO COMMERCIALY SEXUALLY EXPLOITED YOUTH***

Our Advanced Clinical Training is designed for mental health professionals, program based clinicians, child welfare workers, community-based therapists, in home therapy teams and private practice clinicians that are serving youth who have been commercially sexually exploited. Participants will learn how to develop trauma-informed clinical programming for exploited youth, learn strategies to having conversations with CSEC youth, and practice utilizing skills learned through role play, group discussion and small group work.

#### **Participants will have the opportunity to:**

- Learn how to develop trauma informed clinical programming for exploited youth
- Practical application of knowledge gained through prior attendance at Understanding and Responding to Victims of CSEC training
- Learn strategies to having conversations with CSEC youth
- Practice utilizing skills learned through role play, group discussion and small group work

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*October 26<sup>th</sup>, 2021 | 10am-4:30pm EST | [Application](#)*

### ***RESIDENTIAL LEADERSHIP INSTITUTE: VIRTUAL ADVANCED TRAINING FOR LEADERS ON CREATING A SAFE, EFFECTIVE AND SUPPORTIVE ENVIRONMENT FOR SEXUALLY EXPLOITED GIRLS***

This training is for congregate care and residential program leadership staff (Program Managers/Directors, Residential Directors and Clinical Directors) and hones in on organizations' CSEC policy, staff training, and practices around serving commercially sexually exploited youth. To ensure the integrity of the My Life My Choice Prevention Curriculum and create an environment that fosters best long-term outcomes, we strongly recommend all programs running My Life My Choice Groups provide this advanced training for leadership staff. This training will be offered virtually via Zoom.

#### **Participants will have the opportunity to:**

- Develop a CSEC policy that can be seamlessly integrated and coincides with current program standards
- Learn how to create a diverse, non-judgmental staff team that is prepared to incorporate key concepts into their work with girls who have experienced CSEC.
- Develop trauma informed programming specific to sexually exploited girls
- Advance skills and expertise around the trajectory of recovery

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*October 6<sup>th</sup>-November 10<sup>th</sup>, 2021 | Every Wednesday | 1pm-2:15pm EST | [Application](#)*

#### **FOR ANY TRAINING-RELATED QUESTIONS, PLEASE CONTACT:**

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<https://www.mylifemychoice.org/training-advocacy>