

Sweetgrass People: Resilience Culture

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Cultures of Respect

- Lakota- Wakanjeja - *Sacred Gift*
- Maori- *Gift of God*
- Ibu- *What Wonders has God wrought*



Resilience- "The courage to surmount life challenges."

Dr. Martin Brokenleg



Belonging

Mitakuye Oyasin - We are all related



"Be Related,
somehow, to
everyone you
know."

Ella Deloria



Independence

"Responsibility: Self-Control, Self-Confidence, Shared Responsibility"

Brendtro, Brokenleg, & Van Bockern

True Independence
requires
Interdependence



Mastery

Experiences of Success





Success motivates
future success

Generosity

Every human needs a
purpose



"Children are the purpose of life. We were once children, and someone cared for us, and now it is our time to care."

Eddie Belleroy, Cree Elder



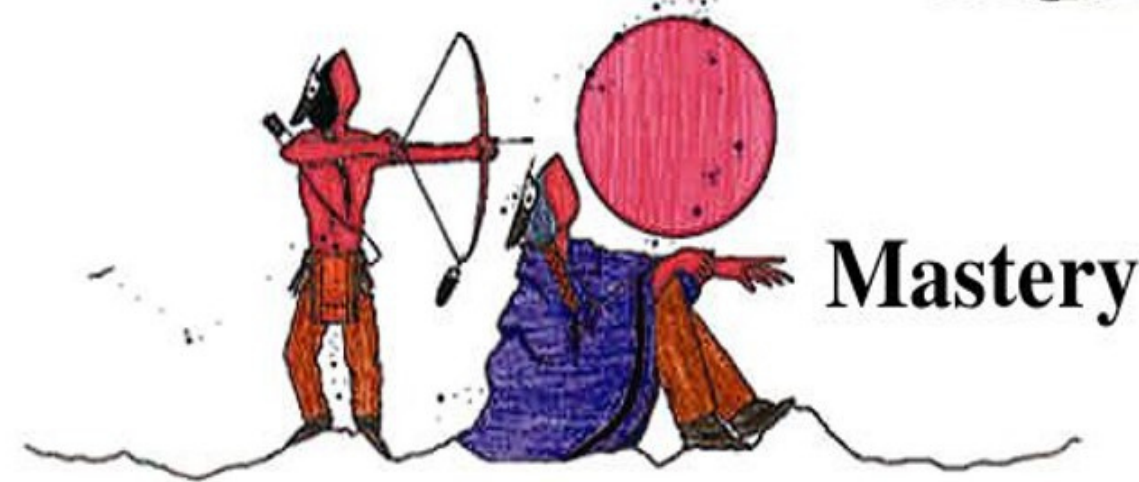
Generosity



Independence



Belonging



Mastery