

ACRC Presents

Relationships First: Committing to the Reduction and Elimination of Restraints

Omni Hotel in Louisville, KY

Our increased understanding of trauma and brain science is leading the field to rethink restraint and seclusion, equipping staff instead with effective relational strategies. This organizational transformation often begins with leadership initiating a shift in knowledge, beliefs, and culture. Spend the afternoon with several ACRC member organizations who have made this commitment and will candidly share their journey toward excellence. *ACRC will provide a platform for continuing the conversation beyond this afternoon as we invite these preconference attendees to monthly roundtable conversations focused on our individual and collective successes and challenges.*

Recipe for Success

Over the past 8 years The Barry Robinson Center has gone from averaging over 100 restraints a month to less than 1 per month. Clinical outcomes have improved, staff turnover has decreased, and workers compensation has decreased. The recipe is not a secret.

Presenter: Robert E. McCartney, MSW, CEO, The Barry Robinson Center

Can Restraint Reduction Exist Without Restraint Elimination

This presentation will describe our RTC's efforts to reduce physical restraints. Data collected during these efforts will be presented. We will also look at the struggle we have had between continuing restraint reduction efforts versus embracing a restraint elimination plan.

Presenters: Denise Luft, LMHC, Associate Executive Director, Quality Assurance & Jordan Wood, MNA, Director of Strategic Initiatives, Green Chimneys

Using Data to Track Restraint Reduction

At Sycamores, we support safety in lieu of restraints. We are excited to highlight our data collection process, show our dashboards, and share how we use our data to make decisions and to ultimately understand how effective we are.

Presenters: Joe Ford, Chief Program Officer & Nick Ryan, Assistant Vice President of Training and Implementation Practice, Sycamores

The Way it is: Restraint Free Residential Interventions

In 2012, YDI embarked on a quest for the 'Holy Grail' of restraint elimination. This 5-year journey led us to examine much more than our restraint policies and procedures, it was an introspective look at our how we hire and train our staff and how we authentically engage and understand the young people we serve.

Presenter: Trish Cocoros, Co-Executive Director, YDI

Restraining Children and Youth: What the Research Tells Us

Drawing on the international research literature this Zoom presentation will explore the restraining of children and youth in residential treatment centers, group homes, and other residential facilities. Who is restrained, why are they restrained, what are the impacts of restraint, and how might restraint be reduced or eliminated?

Presenter: Dr. Iain Matheson, Director, Research Centre for Better Outcomes from Fostering and Residential Care, New Zealand

Restraint Elimination Starts with YoU

This presentation will fully describe the journey of one behavioral healthcare provider with a restraint problem. Through an initiative to manage physically aggressive behavior safely without utilizing restraint, a problem became an invention (Ukeru) and an opportunity to assist other organizations. The lessons learned will be shared around keeping individuals AND employees safe while providing effective treatment/education AND financial responsibility.

Presenter: Kim Sanders, COO, Grafton Integrated Health Network and President, Ukeru Systems

