

Helping Expectant and Parenting Young Families Thrive



Preconference Session
Tuesday, May 16th, 2023
1pm-5pm
Marriott Minneapolis City Center

In 2020, the teen birth rate in the United States was down 75 percent from the 1991 peak, accounting for just under five percent of all U.S. births. Still, the U.S. has the highest rate of teen pregnancy of all Western industrialized countries. “Globally, significant resources are dedicated to reducing unplanned pregnancies in adolescence.” (Dion, Klevor, Nakajima, et al., 2021) In addition to prevention efforts, it is critical that communities have the infrastructure to help young parents and their babies thrive. We know that expectant and parenting young families have complex and unique needs.

How does health equity factor into outcomes for young parents and their children?

What do young parents themselves say is important to their well-being and long-term success?

What practices make the difference in quality services and supports?

This interactive preconference will highlight research and innovations in effective, holistic services and supports for expectant and parenting young people who are experiencing homelessness, foster care, or who have been impacted by the juvenile justice system. Leave this session inspired with fresh ideas, resources, and strategies to improve positive outcomes for the families you serve.

FEATURING: A screening of the documentary **Worth One's Salt**

Worth One's Salt illuminates the factors contributing to the severity of poor maternal health outcomes for black pregnant teens and their babies. Through storytelling, former teen moms redefine the term “access” as they share their pregnancy and childbirth stories. Interviews with public health nurses, social workers, and teen parent advocates highlight the inequities and challenges the teen parent community faces while calling for support and accountability.



Worth One's Salt
DOCUMENTARY

This includes a dialogue with film producer, author, and nonprofit Founder/Executive Director Dr. Dretona Maddox.

\$65/Person

In 2020, 158,043
babies in the U.S.
were born to young
moms ages 15-19



Healing across the
generations starts here.