



ROCHESTER
REGIONAL HEALTH



Senator Samra Brouk, 55th S.D.
Assemblymember Sarah Clark, 136th A.D.



Call to Action!
Solutions for Youth with Unmet Complex Needs

CHILDREN'S BEHAVIORAL HEALTH

Addressing Complex Needs



Join My Interactive Poll!

Join by Web

PollEv.com/lburton222

Join by Text

Send **lburton222** and your message to
22333

Join by QR code

Scan with your camera app



What do you hope to get from today's convening?

lowest contribute resources money
collaboration perspective inspiration communities
flexibility agency partnership improvement keeping
regulations commitment humility innovation
information collaboration hope plans
level creativity hear care new action practices
path direction solutions accountability
alignment connections change momentum help
available awareness understanding relationships
insight integration ideas connection definition
collaborations strategies opportunities forward

**What would you wish for other families
in similar situations?**

[Click to play video.](#)



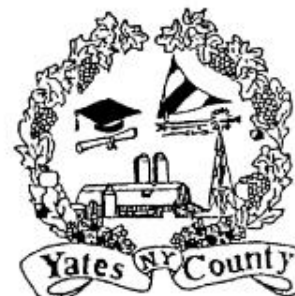
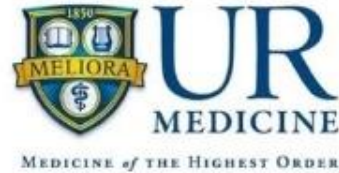
Families Together in New York State



NEW YORK STATE Office of Children and Family Services

ROCHESTER REGIONAL HEALTH

COFCCA



What were your takeaways from the data walk?

Nobody has responded yet.

Hang tight! Responses are coming in.

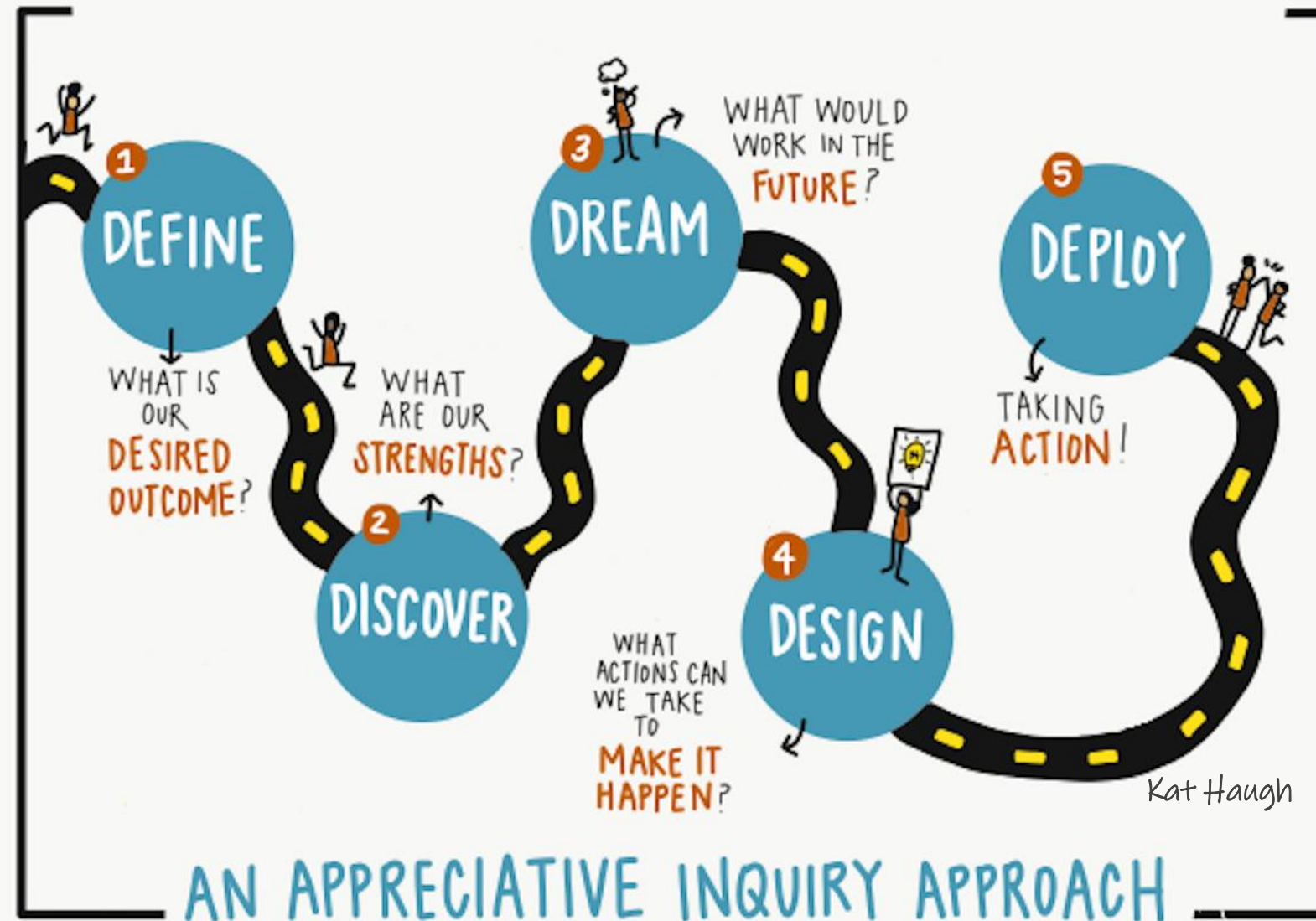
Call to Action!

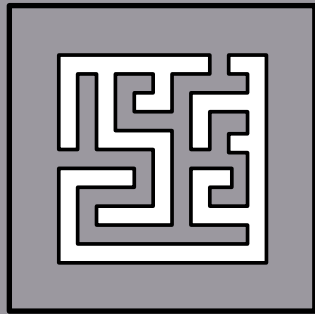
Solutions for Youth with Unmet Complex Needs



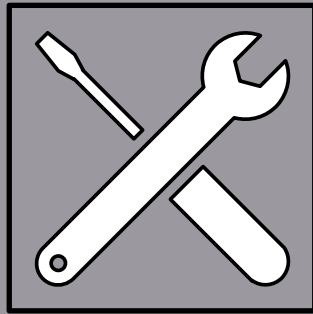
What were your takeaways from the data walk?

Lots of kids whose needs aren't being met.
Staggering
Surprised
How our area has more severe needs
Out of state placements cost us millions a week
Sad
Stark reality
Cost
Collaboration is key
Overlapping needs of youth and seniors in this space (similarities and differences)
Shocked
We HAVE actionable data
Shared risks are important
We have to do better for children and families!
Lots of info, but what are we going to DO?!?
Broken systems
Many opportunities to do better.
Families can't wait!!!!!!
Kids should not have to go into foster care to get their kids treatment
Amount of money spent on ER boarding that can be used for funding/solutions
Psychiatric Nurse Practitioners are an unrecognized resource for treating the mental health crisis.
Out of state placements
Kids are growing up in hospitals
Very interesting information regarding the needs of youth in our community.
Youth are boarding in hospital for too many days. Overwhelming for families.
Need a single coordinating body
Short response may differ from long term solutions
Actionable data
Shared risk is necessary
Great info presented thoughtfully, with straightforward stats that are and should be jarring.
Important to know where we are - use our data
Innovative collaboration!
Dually diagnosed struggles
Supportive families giving up custody just to get services
% of people served by OPWDD that are children
If we are overwhelmed, what do families feel.
We need to understand the root causes of this mental health crisis!
What can we do locally? We need state-level support.
Families need to be at the table
We have children who are not able to engage in age and developmentally appropriate activities like school, recreation, etc. because they are stuck in various places
There's a capacity and need issue
Families should not have to put their child in foster care to access behavioral health care!
Families need supports to help them meet child needs
Unrealistic expectations for families
Families
We need options for those who cannot live home

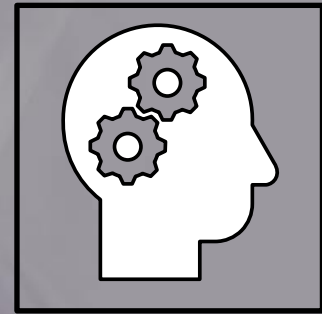




Reframing the challenge



What tools do we need?



What problems can we solve?





Why Advocate?

“Unless someone like you cares
a whole awful lot, Nothing is
going to get better. It's not.”
- Dr. Seuss, The Lorax





**Welcome
Monroe
County &
partners
across New
York State!**



Senator Samra Brouk, 55th S.D.
Assemblymember Sarah Clark, 136th A.D.



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Solutions for Youth with Unmet Complex Needs

Cross-Systems Convening

We are focused on concrete action to urgently address the unacceptable fact that children and youth are boarding in hospitals, languishing on waitlists, sitting in detention, and entering the child welfare system due to a lack of access to the right care at the right time. The dearth of meaningful and available services in Monroe County and across the region for youth with complex intellectual, behavioral, and/or mental health needs presents significant challenges to safe placement, effective education, skills development, and family support. Join your fellow

**What do you hope the people in this
room will do next?**

[Click to play video.](#)

What commitment do you make as we leave this room?

Nobody has responded yet.

Hang tight! Responses are coming in.

Call to Action!

Solutions for Youth with Unmet Complex Needs



What commitment do you make as we leave this room?

Communicate openly
Collaboration
Be brave.
Challenge the status quo
Advocate with our community partners
Collaborate
Stay at the table - keep
Keep on it
Avoid saying no
Advocate and commit to change
Explore options and ideas
Advocacy
Partnership
Speak up with ideas
Thought partnership
Collaborate
Collaborate
Be present and an outside box thinker
Will draft and advance legislation for sponsorship and hopefully passage
Investment in strategic planning
Coordinate and communicate
Have an open mind.
Collaboration
Advocate for more funding
Support legislation on these solutions
Keep the momentum going
I will help create legislation that will remove barriers so we have more opportunities for complex individuals
Commitment to this important work
Collaborative discussions ongoing
Advocate and hold accountable
Develop collaborative partners who can be change champions and agents to solutions
Reserve judgement and to think outside the box
Be part of the solution
Thought Partnership
Turning ideas into action plans
Consider how my organization can advocate for better.
Keeping what's best for the children at the top of mind, always!
To be creative in responding to the needs of families
Lots of work to do. Buckle up!
Stay committed until we find solutions
Continue to work towards solutions!
Don't let perfect be the enemy of good
Advocate to ensure CTP is designed and has the resources needed to solve the problem

ACRC in Boston, MA

March 24-27, 2025



<https://togetherthevoice.org>

Safe travels!