



Critical Time Transition Program
Cross Systems Action Team
Quarterly Meeting
June 24, 2025

Presenters

Maria Cristalli, President and CEO, Hillside

Ann Cott, Executive Director of Health Care and
Integration Services

Critical Time Transition Program

Hillside was awarded one of the Critical Time Transition Program (CTTP) contracts in NYS by OMH (round 1)

- Critical Time Intervention (CTI) - Care Management Team- 16 slots
- Transitional Residential Setting (TRS) - 8 beds available for the 16 youth in the CTI program
- The program will be housed on the Monroe Campus in Rochester
- CTTP serves 11-17 year olds boarding in the hospital for at least 72 hours with an established discharge disposition and previous documented declinations from community based programs

Program goal is to mitigate the hospital boarding crisis

- Hillside's hospital partner is the University of Rochester Medical Center (URMC)
- Referrals will come directly from hospitals to Hillside

Critical Time Transition Program

Youth enrolled in the CTTTP program will have access to a variety of services such as:

- Case management services
- Mental health and behavioral health treatment and support
- Interpersonal and rehabilitative skills training
- Maintenance and continuity of their educational setting/program
- Intensive family/caregiver education, support and advocacy to facilitate engagement
- Coordination of all stakeholders and service providers
- A transitional home-like environment to stay, as needed

Critical Time Transition Program: 2 components

Critical Time Intervention (CTI) - 16 slots

- A time-limited, phase-based care management model which provides assertive outreach and engagement in both high-level care settings and the community.
- Length of Stay: 6-9 months

Transitional Residential Supports (TRS) - 8 respite beds available to the youth enrolled in CTI

- Focuses on stabilization, behavioral support, and assessment connections in a home-like setting designed for safety and minimal elopement risk.
- Length of Stay: Up to 120 days (shorter stays or cumulative)

Critical Time Transition Program

Operating Funding Summary

- Funding for the CTI component of the CTP is for a five (5) year period.
- OMH plans to submit a Medicaid State Plan Amendment (SPA) to allow for Medicaid reimbursement for the CTI component of CTP.
- Once approved, funding will shift from full state aid to a hybrid model incorporating Medicaid billing and deficit funding.
- Until the CTI State Plan Amendment is approved CTI teams will be fully funded with State Aid.
- The TRS portion of the CTP program will be deficit funded.

CTTP Staffing

CTTP:

- Program Director

CTI:

- Case Manager/Care Coordinator (2)
- Educational/Vocational Specialist

TRS:

- Family Peer Advocate
- Youth Peer Advocate
- Behavior Analyst
- Clinician
- Recreation Therapist
- Nurse Coordinator
- Intake Specialist
- Administrative Assistant
- Youth Care Professionals (24/7)
- Residential Supervisors

Timeline for CTTP Program Implementation

- 10/1/25 - Target start date for CTI
- 1/1/26 - Target start date for TRS

Questions?